



10 Minute Guacamolee

Ingredients

1. 3 ripe avacados
2. 1/2 small yellow onion finely chopped
3. 2 Roma tomatoes diced
4. 3 tbs cilantro chopped
5. 1 minced jalapeno with seeds removed
6. 2 tbs garlic powder
7. Juice of 1 lime
8. pinch of salt

Serves: 2-3

Instructions

1. Remove pits from avacados, slice in half and add flesh to mixing bowl
2. Mash avacados with fork
3. Add tomatoes, onion, cilantro, jalapeno, garlic powder, lime juice and salt
4. Stir together and add salt if needed
5. Serve with chips or on tacos or with burritos

Prep Time: 10 minutes